

QV
P544 P
1882

Prescribing Manual

OF THE

Children's Hospital,

Philadelphia.

QV P544p 1882

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The *doses* of all the formulæ are proportioned for children who have reached the age of *two years*, one teaspoonful (fʒj) being the dose of each preparation.

The following Table represents the *doses* for different ages, apportioned according to this standard :—

For a child of 6 mon's and over $\frac{1}{4}$ of a teaspoonful	= fʒ $\frac{1}{4}$.
“ “ 1 year and over $\frac{1}{8}$ “	= fʒss.
“ “ 2 years and over 1 teaspoonful	= fʒj.
“ “ 4 “ “ 2 teaspoonfuls	= fʒij.
“ “ 8 “ “ 4 “	= fʒss.

In prescribing, the Physician will write the *number* of the Prescription, its *title*, the *record number* or *name* of the *patient*, and the *directions* for using it, *e. g.* :—

R.

No. 1.

Liquor Cinchonidiæ Sulphatis.

S.

For No. 1000.

Teaspoonful four times daily.

Date.

Signature.

Unless otherwise directed, the apothecary will always dispense three fluidounces (fʒiij) of the fluid preparations.

For convenience and certainty of measurement when the *dose* to be prescribed is less than *one fluidrachm* (say fʒ $\frac{1}{4}$ or fʒss), the apothecary will dilute a proportional quantity (say fʒvj or fʒjss) of the mixture with sufficient of some suitable menstruum to raise the amount to *three fluidounces* (fʒiij), and the patient will take of this *one teaspoonful* (fʒj).

MEDICINES
FOR
INTERNAL ADMINISTRATION.

LIQUORES.

Antiperiodic.

1. LIQUOR CINCHONIDIÆ SULPHATIS.

R. Cinchonidiæ Sulphatis, gr. j.
Acidi Sulphurici diluti, ℥j.
Aquæ q. s. ad f℥j. M.

Dose—f℥j, three times a day.

2. LIQUOR QUINIÆ SULPHATIS.

R. Quiniæ Sulphatis, gr. j.
Acidi Sulphurici diluti, ℥j.
Aquæ q. s. ad f℥j. M.

Dose—f℥j, three times a day.

Nervous Sedative.

3. LIQUOR POTASSII BROMIDI.

R. Potassii Bromidi, gr. ijss.
Aquæ, f℥j. M.

Dose—f℥j, diluted, three times a day.

MISTURÆ.**Alterative.**

4. MISTURA ARSENICALIS.

℞. Liquor Potassii Arsenitis, ℥ij.
Infus. Gentianæ Comp., fʒss.

Aquæ q. s. ad fʒj. M.

Dose—fʒj, three times daily.

5. MISTURA FERRO-ARSENICALIS.

℞. Liquor Arsenici Chloridi,
Tr. Ferri Chloridi, āā ℥ij.

Aquæ q. s. ad fʒj. M.

Dose—fʒj, three times daily.

6. MISTURA FERRI IODIDI.

℞. Syr. Ferri Iodidi, ℥v.

Syrupi q. s. ad fʒj. M.

Dose—fʒj, three times daily.

7. MISTURA HYDRARGYRI CHLORIDI
CORROSIVI.

℞. Hydrargyri Chloridi Corrosivi,
gr. $\frac{1}{96}$.

Syrupi,

Aquæ, āā fʒss. M.

Dose—fʒj, three times daily.

8. MISTURA OLEI MORRHUÆ.

R. Olei Morrhuæ, f℥ss.
Syr. Calcii Lactophosphatis, ℥ xv.
Liq. Calcis q. s. ad f℥j. M.
Dose—f℥j, three times daily.

9. MISTURA OLEI MORRHUÆ COMP.

R. Olei Morrhuæ, f℥ss.
Syr. Calcii Lactophosphatis, ℥ xv.
Syr. Ferri Iodidi, ℥ iv.
Liquor Calcis q. s. ad f℥j. M.
Dose—f℥j, three times a day.

10. MISTURA POTASSII IODIDI.

R. Potassii Iodidi, gr. j.
Syr. Sarsap. Comp.,
Aquæ, āā f℥ss. M.
Dose—f℥j, three times daily.

Antacid.

11. MISTURA ANTACIDA.

R. Liquor Calcis,
Aquæ Cinnamomi, āā f℥ss. M.
Dose—f℥j, every hour.

12. MISTURA MAGNESII CARBONATIS.

R. Magnesii Carbonatis, gr. j.
Misturæ Antacidæ (No. 11) f℥j.
M.
Dose—f℥j, every hour.

13. MISTURA SODII BICARBONATIS.

R. Sodii Bicarbonatis, gr. ij.

Syrupi, ℥xv.

Aq. Menth. Pip. q. s. ad f℥j. M.

Dose—f℥j, every three hours.

14. MISTURA SODII ET GENTIANÆ.

R. Sodii Bicarbonatis, gr. iij.

Infus. Gentianæ Comp.,

Aquæ, āā f℥ss M.

Dose—f℥j, three times daily.

15. MISTURA SODII ET RHEI.

R. Sodii Bicarbonatis, gr. ij.

Syr Rhei Aromat., ℥x.

Aq. Menth. Pip., q. s. ad f℥j. M.

Dose—f℥j, every three hours.

Anthelmintic.

16. MISTURA KAMEELÆ COMP.

R. Kameelæ, gr. v.

Syr. Acaciæ, f℥ss.

Misce, et adde—

Oleoresinæ Filicis Maris, ℥xv.

Aquæ, q. s. ad f℥j. M.

Dose—f℥j, three times a day for one day.

17. MISTURA OLEI CHENOPODII.

R. Ol. Chenopodii, \mathfrak{m} iv.

Pulv Acaciæ, gr. x.

Syrupi, f3ss.

Aquæ Cinnamomi, q s. ad f3j. M.

Dose—f3j, three times a day for one day, to be followed by a laxative.

18. MISTURA OLEI CHENOPODII COMP.

R. Olei Chenopodii, \mathfrak{m} iv.

Olei Ricini, f3ss.

Olei Cinnamomi, $\mathfrak{m}\frac{1}{4}$.

Syr. Acaciæ, q. s. ad f3j. M.

Dose—f3j, three times a day.

19. MISTURA OLEORESINÆ FILICIS.

R. Oleoresinæ Filicis, \mathfrak{m} xv.

Olei Ricini, \mathfrak{m} xv.

Olei Cinnamomi, $\mathfrak{m}\frac{1}{4}$.

Syr. Acaciæ, q. s. ad f3j. M.

Dose—f3j, three times a day for one day, to be followed by a laxative if necessary.

Antiperiodic.

20. MISTURA QUINIÆ SULPHATIS.

R. Quiniæ Sulphatis, gr. j.
Acidi Sulphurici dil., ℥j.
Syr. Zingiberis, fʒss.
Aquæ q. s. ad fʒj. M.
Dose—fʒj, three times a day.

Antispasmodic.

21. MISTURA BELLADONNÆ ET ALUMINIS.

R. Ext. Belladonnæ, gr. $\frac{1}{2}$.
Pulv. Aluminis, gr. ij.
Syr. Zingiberis,
Syr. Acaciæ,
Aquæ, āā ℥xx. M.
Dose—fʒj, every three hours.

Antipyretic.

22. MISTURA ACIDI SALICYLICI.

R. Acidi Salicylici,
Sodii Bicarbonatis, āā gr. j.
Aquæ, ℥xlviij.
M. et adde—
Tr. Aurantii Cort., ℥ij.
Glycerinæ, ℥x. M.
Dose—fʒj, p. r. n.

Astringent.

23. MISTURA ACIDI SULPHURICI.

R. Acidi Sulphurici dil., ℥ij.
Liquor. Morphine Sulph., ℥viij.
Elix. Curaçoe, ℥v.
Aquæ, q. s. ad f℥j. M.
Dose—f℥j, every three or four hours.

24. MISTURA ARGENTI NITRATIS.

R. Argenti Nitratis, gr. $\frac{1}{64}$.
Syr. Acacie, ℥x.
Aquæ, q. s. ad f℥j. M.
Dose—f℥j, every three hours.

25. MISTURA BISMUTHI.

R. Bismuthi Subnitratis, gr. v.
Tr. Opii Deod., ℥ $\frac{1}{2}$.
Syrupi, ℥x.
Mist. Cretæ, q. s. ad f℥j. M.
Dose—f℥j, every three or four hours.

26. MISTURA CRETÆ COMP.

R. Tr. Opii Camphorat ,
Tr. Kramerie, āā ℥v.
Sp. Lavandulæ Comp., ℥ij.
Misturæ Cretæ, q. s. ad f℥j. M.
Dose—f℥j, every three or four hours.

27. MISTURA CRETÆ ET RHEI.

R. Syr. Rhei Aromat., ℥ xv.

Syr. Acaciæ, ℥ x.

Misturæ Cretæ, q. s. ad f℥j. M.

Dose—f℥j, every three or four hours.

28. MISTURA RHEI COMP.

R. Syr. Rhei Aromat., ℥ xv.

Sodii Bicarb., gr. ij.

Tr. Opii Camphorat., ℥ v.

Aq. Menth. Pip., q. s. ad f℥j. M.

Dose—f℥j, every three or four hours.

29. MISTURA ZINCI OXIDI.

R. Zinci Oxidi, gr. $\frac{1}{4}$.

Glycerinæ,

Syr. Acaciæ, āā ℥ x

Aquæ, q. s. ad f℥j. M.

Dose—f℥j every four hours.

Diaphoretic.

30. MISTURA ANTIFEBRILIS.

R. Spt. Ætheris Nitrosi,

Syr. Limonis, āā ℥ x.

Liquor Ammonii Acetat., q. s. ad
f℥j. M.

Dose—f℥j, every three or four hours.

31. MISTURA POTASSII CITRATIS.

R. Spt. *Ætheris Nitrosi*, ℥ x.

Liq. Potas. Citrat., q. s. ad f℥j. M.

Dose—f℥j, every two or three hours.

32. MISTURA POTASSII CITRATIS COMP.

R. Potassii Citratis, gr. ijss.

Spt. *Ætheris Nitrosi*, ℥ x.

Syrupi, ℥ xx.

Aquæ Cinnamomi, q. s. ad f℥j. M.

Dose—f℥j, every two or three hours.

Digestant.

33. MISTURA PEPSINÆ.

R. Pepsinæ Saccharat., gr. iij.

Acidi Muriatici dil., ℥ iij.

Glycerinæ, ℥ v.

Aquæ, q. s. ad f℥j. M.

Dose—f℥j, three times a day in water,
after meals.

Diuretic.

34. MISTURA DIGITALIS.

R. Potassii Acetatis, gr. ijss.

Tincturæ Digitalis, ℥ jss.

Syr. Scillæ, ℥ ijss.

Syr. Zingiberis, ℥ x.

Aquæ, q. s. ad f℥j. M.

Dose—f℥j, every two or three hours.

35. MISTURA FERRI ACETATIS.

R. Tinct. Ferri Chloridi, ℥ij.
 Acidi Acetici Dil., ℥iv.
 Liq. Ammon Acetatis, ℥xl.
 Syrupi, q. s. ad f℥j. M.

Dose—f℥j, three or four times a day.

36. MISTURA POTASSII ACETATIS.

R. Potas-ii Acetatis, gr. ijss.
 Spt. Juniperis Comp., ℥v.
 Spt. Ætheris Nitrosi, ℥x.
 Syrupi, ℥xv.
 Aquæ, q. s. ad f℥j. M.

Dose—f℥j, every three or four hours.

Expectorant. .

37. MISTURA AMMONII CARBONATIS ET
SENEGÆ.

R. Ammonii Carbonatis, gr. j.
 Syr. Tolutani, ℥x.
 Syr. Senegæ, ℥ijj.
 Mucilag. Acaciæ, q. s. ad f℥j. M.

Dose—f℥j, every two or three hours.

38. MISTURA AMMONII CHLORIDI.

R. Ammonii Chloridi, gr. ij.
 Ext. Glycyrrhizæ fld.,
 Syrupi, āā ℥v.
 Aquæ, q. s. ad f℥j. M.

Dose—f℥j, every three or four hours.

39. MISTURA AMMONII CHLORIDI COMP.

R. Ammonii Chloridi, gr. ij.
Syrupi,
Mist. Glycyrrhizæ Comp., āā f3ss.
M.

Dose—f3j, every three or four hours.
Shake.

40. MISTURA IPECACUANHÆ COMP:

R. Potassii Citratis, gr. iij.
Syrupus Ipecacuanhæ, ʒ iij.
Tr. Opii Deodorat., ʒ ss.
Syrupi, ʒ xv.
Aquæ, q. s. ad f3j. M.

Dose—f3j, every two or three hours.

41. MISTURA IPECACUANHÆ ET SCILLÆ.

R. Syr. Ipecac.,
Syr. Scillæ, āā ʒ v.
Glycerinæ, ʒ iv.
Mucilag. Acaciæ, q. s. ad f3j. M.

Dose—f3j, every three hours.

42. MISTURA PRUNI VIRGINIANÆ.

R. Acidi Sulphurici Dil., ʒj.
Tinct. Opii Deodorat., ʒ ss.
Syr. Pruni Virginianæ, f3ss.
Aquæ, q. s. ad f3j. M.

Dose—f3j, every two or three hours.

43. MISTURA SCILLÆ COMP.

R. Syr. Scillæ,
 Vini Ipecacuanhæ, āā ℥ijss.
 Spt. Ætheris Nitrosi,
 Tr. Opii Camphoratae, āā ℥iv.
 Liquor Ammonii Acetat., q. s. ad
 f3j. M.

Dose—f3j, every three or four hours.

Laxative and Cathartic.

44. MISTURA ALOËS ET FERRI.

R. Tr. Aloës et Myrrhæ, ℥x.
 Ferri Sulphatis Exsiccata, gr. $\frac{1}{6}$.
 Syr. Rhei Aromat., q. s. ad f3j.
 M.

Dose—f3j, three times daily.

45 MISTURA MAGNESII ET OPII.

R. Magnesii Sulphatis, gr. v.
 Tr. Opii Deodorat., ℥ss.
 Syrupi, ℥x.
 Aq. Menth. Pip., q. s. ad f3j. M.

Dose—f3j every three hours.

46. MISTURA OLEI RICINI.

R. Olei Ricini,
 Glycerinæ, āā f3ss.
 Ol. Cinnamomi, ℥ $\frac{1}{8}$. M.

Dose—f3j.

47 MISTURA PODOPHYLLI.

R. Resinæ Podophylli, gr. $\frac{1}{8}$.

Alcohol, ℥ ij.

Syrupi, q. s. ad f℥j. M.

Dose—f℥j, two or three times daily.

48. MISTURA RHEI ET MYRRHÆ.

R. Syr. Rhei, ℥ xx.

Tr. Myrrhæ, ℥ ij. •

Syr. Zingib., ℥ x

Syrupi, q. s. ad f℥j. M.

Dose—f℥j, three times daily.

49. MISTURA SENNÆ.

R. Inf. Sennæ, ℥ xv.

Inf. Gentianæ Comp., q. s. ad f℥j.
M.

Dose—f℥j, three times daily.

Nervous Sedative.

50. MISTURA BELLADONNÆ.

R. Tr. Belladonnæ, ℥ ijss.

Syrupi, ℥ xv.

Aquæ, q. s. ad f℥j. M.

Dose—f℥j.

51. MISTURA CHLORAL. HYDRAT.

R. Chloral. Hydrat., gr. ijss.

Syr. Tolutani,

Aquæ, āā f℥ss. M.

Dose—f℥j.

52. MIST. CHLORAL. ET POTASS. BROMIDI.

R. Chloral. Hydrat., gr. ij.
Potass. Bromidi, gr. v.
Aq Camphoræ, fʒj. M.

Dose—fʒj.

Stimulant.

53 MISTURA AMMONII CARBONATIS.

R. Ammonii Carbonatis, gr. j.
Syr. Acaciæ, ℥xx.
Aq. Menth. Pip., q. s. ad fʒj. M.

Dose—fʒj, every two hours.

54. MISTURA SPIRITI VINI GALLICI.

R. Spiriti Vini Gallici, ℥xv.
Syrupi, ℥x.
Aquæ, q s. ad fʒj. M.

Dose—fʒj, every three or four hours.

Tonic.

55. MISTURA CINCHONIDIÆ COMP.

R. Cinchonidiæ Sulphatis, gr. j.
Acidi Muriatici Dil., ℥j.
Aquæ, ℥xxx.
Ft. sol. et adde—
Potassii Chloratis, gr. ijss.
Tinct. Ferri Chloridi, ℥ij.
Syr. Zingiberis, q. s. ad fʒj. M.
Dose—fʒj, four times a day or oftener.

56. MISTURA FERRI ET AMMON. CITRATIS.

R. Ferri et Ammon. Citratis, gr. j.
Tr. Gentian. Comp., ℥x.
Spt. Lavand. Comp, ℥v.
Syr. Limonis, q. s. ad f℥j. M.
Dose—f℥j, three times a day.

57. MISTURA FERRI COMP.

R. Tinct. Ferri Chloridi,
Acidi Acetici, āā ℥ijss.
Liquor. Ammonii Acetatis, ℥xl.
Potassii Chloratis, gr. ijss.
Syr. Zingiberis, q. s. ad f℥j. M.
Dose—f℥j, every three or four hours.

58. MISTURA FERRI ET POTASSII
TARTRATIS.

R. Ferri et Potassii Tart., gr. iss.
Tinct. Gentianæ Comp., ℥xv.
Spt. Lavandulæ Comp., ℥v.
Syr. Limonis, q. s. ad f℥j. M.
Dose—f℥j, three times a day.

59. MISTURA FERRI ET QUININÆ.

R. Quiniæ Sulphatis, gr. ss.
Tinct. Ferri Chloridi, ℥ij.
Syr. Zingiberis, ℥xx.
Aquæ, q. s. ad f℥j. M.
Dose—f℥j, three times a day.

60. MISTURA NUCIS VOMICÆ.

℞. Tinct. Nucis Vomicæ, ℥j.
Tinct. Gentianæ Comp., ℥v.
Aquæ, q. s. ad f℥j. M.
Dose—f℥j, three times a day.

61. MISTURA POTASSII CHLORATIS.

℞. Potassii Chlorat., gr. ij.
Acidi Muriatici Dil., ℥ij.
Mellis, f℥ss.
Aquæ, q. s. ad f℥j. M.
Dose—f℥j, three to five times daily,
in water.

PULVERES.**Antacid.**

62. PULVIS BISMUTHI ET SODII.

℞. Bismuthi Subcarbonatis,
Sodii Bicarbonat., āā gr. j.
M. et ft. chart. No. j.
Dose—one powder thrice daily.

63. PULV. IPECAC. ET CRETÆ
PRÆPARAT.

℞. Pulv. Ipecac. Comp, gr. $\frac{1}{3}$.
Cretæ Præparatæ, gr. iij.
M. et ft. chart. No. j.
Dose—one powder every six hours.

Anthelmintic.

64. PULVIS SANTONINI.

R. Santonini, gr. ss.

Sacchari, gr. jss.

M. et ft. chart. No. j.

Dose—one powder morning and evening, the second to be followed by a purge.

Astringent.

65. PULVIS BISMUTHI.

R. Bismuthi Subnitratis, gr. j.

Sacchari, gr. ij.

M. et ft. chart. No. j.

Dose—one powder.

66. PULVIS BISMUTHI COMP.

R. Bismuthi Subnitratis,

Pulv. Aromatici, āā gr. j.

M. et ft. chart. No. j.

Dose—one powder every four or six hours.

67. PULVIS BISMUTHI ET ACID. TANNICI.

R. Bismuthi Subnitratis, gr. j.

Acid. Tannici, gr. ss.

M. et ft. chart. No. j.

Dose—one powder every six hours.

68. PULVIS BISMUTHI ET OPII.

R. Bismuthi Subnitratis, gr. iij.

Pulv. Opii, gr. $\frac{1}{10}$.

M. et ft. chart. No. j.

Dose—one powder every six hours.

69. PULVIS BISMUTHI, IPECAC. ET AC.
TANNICI.

R. Pulvis Bismuthi et Ac. Tannici,
(No. 67) gr. iss.

Pulv. Ipecac. Comp., gr. $\frac{1}{3}$.

M. et ft. chart. No. j.

Dose—one powder every six hours.

70. PULVIS PLUMBI ET OPII,

R. Plumbi Acetat., gr. $\frac{1}{12}$.

Pulv. Ipecac. Comp., gr. $\frac{1}{3}$.

Sacchari, gr. ij.

M. et ft. chart. No. j.

Dose—one powder every six hours.

71. PULVIS TESTÆ PRÆPARAT. ET OPII.

R. Testæ Præparatæ, gr. iij.

Pulv. Ipecac. Comp., gr. $\frac{1}{3}$.

M. et ft. chart. No. j.

Dose—one powder every six hours.

Digestant.

72. PULVIS BISMUTHI ET PEPSINÆ.

R. Bismuthi Subnitratis, gr. j.

Pepsinæ Saccharat., gr. ij.

M. et ft. chart. No. j.

Dose—one powder three times daily.

73. PULVIS PEPSINÆ ET SODII.

R. Pepsinæ Saccharat., gr. ij.

Sodii Bicarbonatis, gr. j.

M. et ft. chart. No. j.

Dose—one powder three times daily.

Laxative and Cathartic.

74. PULVIS HYDRARG. CHLORID. MIT.

R. Hydrarg. Chlorid. Mitis, gr. j.

Sacchari Albi, gr. ij.

M. et ft. chart. No. j.

Dose—one powder.

75. PULVIS IPECACUANHÆ ET RHEI.

R. Pulv. Ipecacuanhæ, gr. $\frac{1}{4}$.

Pulv. Rhei, gr. j.

Sodii Bicarbonatis, gr. ij.

M. et ft. chart. No. j.

Dose—one powder thrice daily.

76. PULVIS RHEI ET GENTIANÆ.

R. Rhei Pulv.,
 Gentian. Pulv., āā gr. j.
 Sodii Bicarbonat., gr. ij.

M. et ft. chart. No. j.

Dose—one powder three times a day.

77. PULVIS RHEI ET MAGNESII.

R. Pulv. Rhei, gr. j.
 Magnesii Carbonatis, gr. v.
 Pulv. Zingiberis, gr. $\frac{1}{6}$.

M. et ft. chart. No. j.

Dose—One powder thrice daily.

ENEMATA.

78. ENEMA ARGENTI NITRATIS.

R. Argenti Nitratis, gr. $\frac{1}{4}$.
 Bismuthi Subnitratis, gr. xx.
 Tinct. Opii Deodorat., ℥ij.
 Mucil. Acaciæ, fʒj.
 Aquæ, q. s. ad fʒij. M.

Dose—fʒij, injected into bowel twice a day. (Shake well.)

79. ENEMA OPII,

R. Tinct. Opii, ℥ij.
 Mucil. Acaciæ, fʒj
 Aquæ, q. s. ad fʒij. M.

Dose—fʒij, injected into bowel twice a day.

PREPARATIONS

FOR

EXTERNAL USE.

The various fluid preparations embraced in this list are to be kept in *colored* and *roughened* bottles, labelled "For External Use."

GARGARISMATA.

80. GARGARISMA ACIDI TANNICI.

R. Acidi Tannici, ℥j.
Glycerinæ, f℥j.
Aquæ, q. s. ad f℥j. M.
Sig. f℥j, to f℥viij of water.

81. GARGARISMA ALUMINIS.

R. Pulv. Aluminis, gr. xv.
Acidi Muriatici Dil., ℥x.
Mellis, f℥j.
Aquæ, q. s. ad f℥j. M.
Sig. f℥j, to f℥viij of water.

82. GARGARISMA POTASSII CHLORATIS.

R. Potassii Chloratis, gr. xx.
Glycerinæ, f℥j.
Aquæ, q. s. ad f℥j. M.
Sig. f℥j, to f℥viij of water.

83. GARGARISMA POTASS. CHLORAT. ET
ACIDI CARBOLICI.

R. Acidi Carbolici, gr. ij
 Garg. Pot. Chlor, f̄j. (No 82).
 M.

Sig. f̄j, to f̄viiij of water.

84. GARG. POT. CHLORAT. ET FERRI.

R. Tr. Ferri Chloridi,
 Acidi Muriatici Dil., āā m̄x.
 Garg. Pot. Chlor. (No. 82) q. s. ad
 f̄j. M.

Sig. f̄j, to f̄viiij of water.

85. GARGARISMA SODII BORATIS.

R. Sodii Boratis, gr. xv.
 Glycerinæ, f̄ij.
 Aquæ, q. s. ad f̄j. M.

Sig. f̄j, to f̄viiij of water.

GLYCERITA.

86. GLYCERITUM IODINII.

R. Iodinii, gr. v.
 Glycerinæ, f̄j. M.

87. GLYCERITUM TR. FERRI CHLORIDI.

R. Tr. Ferri Chloridi, f̄j.
 Glycerinæ, q. s. ad f̄j. M.

LINIMENTA.

88. LINIMENTUM ACONITI COMP.

- R. Tinct. Aconiti Radicis,
Chloroformi, āā ℥xv.
Liniment. Saponis, q. s. ad f℥j. M.

89. LINIMENTUM OL. SUCCINI.

- R. Ol. Succini,
Ol. Olivæ, āā f℥ss. M.

90. LINIMENTUM SAPON. VIRIDIS.

- R. Saponis Viridis, ℥j.
Alcoholis, f℥j. M.

LIQUORES.

91. LIQUOR ACIDI BORACICI.

- R. Acidi Boracici, gr. xv.
Aquæ Destillatæ, f℥j. M.

92. LIQUOR ACIDI TANNICI.

- R. Acidi Tannici, gr. viij.
Aquæ Destillatæ, f℥j. M.

93. LIQUOR ALUMINIS.

- R. Aluminis, gr. iv.
Aquæ Rosæ, f℥j. M.

94. LIQUOR ARGENTI NITRATIS.

- R. Argenti Nitratis, gr. ss.
Aquæ Destillatæ, f℥j. M

95. LIQUOR ATROPIÆ.

- R. Atropiæ Sulphatis, gr. iv.
Aquæ Destillatæ, f℥j. M.

96. LIQUOR HYDRARGYRI.

- R. Hydrarg. Chloridi Corrosivi, gr. $\frac{1}{6}$.
Aquæ Destillatæ, f℥j. M.

97. LIQUOR PLUMBI SUBACETATIS.

- R. Liqueur Plumbi Subacetatis, ℥xv.
Aquæ Destillatæ, q. s. ad f℥j. M.

98. LIQUOR SODII BORATIS.

- R. Sodii Boratis, gr. x.
Aquæ Destillatæ, f℥j. M.

LOTIONES.

99. LOTIO ACIDI SULPHUROSII.

- R. Acidi Sulphurosi, f℥ijss.
Aquæ, q. s. ad f℥j. M.

100. LOTIO COCCULI INDICI.

- R. Tinct. Cocculi Indici,
Alcoholis, āā f℥ss. M.
Sig. To be diluted.

101. LOTIO SODII HYPOSULPHITIS.

- R. Sodii Hyposulphitis, ℥ij.
Aquæ Destillatæ, f℥j. M.

UNGUENTA.

102. UNGUENTUM HYDRARG. AMMONIATI
DIL.

R. Ung. Hydrarg. Ammoniat.,
Adipis, āā ʒss. M.

103. UNGUENTUM HYDRARGYRI NITRAT.
DIL.

R. Ung. Hydrarg. Nitrat., ʒj.
Adipis, ʒvij. M.

104. UNG. HYDRARG. OXIDI FLAV. DIL.

R. Hydrarg. Oxidi Flav., gr. viij.
Ung. Petrolei, ʒj. M.

105. UNGUENTUM HYDRARGYRI OXIDI
RUB. DIL.

R. Ung. Hydrarg. Oxid. Rub., ʒj.
Adipis, ʒvij. M.

106. UNGUENTUM HYDRARGYRI ET
BELLADONNÆ.

R. Ext. Belladonnæ, ʒijj.
Ung. Hydrargyri, ʒv.
Ol. Amygdal., m̄xv. M.

107. UNGUENTUM PICIS LIQUIDÆ DIL.

R. Ung. Picis Liquidæ,
Adipis, āā ʒss. M.

34 PREPARATIONS FOR EXTERNAL USE.

108. UNGUENTUM PLUMBI SUBACETATIS
DIL.

R. Cerat. Plumbi Subacetat., 3j.
Glycerinæ, f3ij.
Adipis, 3v. M.

109. UNGUENTUM SULPHURIS ET POTASS.
CARB.

R. Potassii Carbonatis, 3j.
Ung. Sulphuris, 3ij.
Adipis, 3vj. M.

APPENDIX :

CONTAINING THOSE PREPARATIONS OF THE U. S.
PHARMACOPŒIA MOST COMMONLY EMPLOYED IN
CHILDREN'S DISEASES, TOGETHER WITH THEIR
DOSES FOR CHILDREN TWO YEARS OLD.

Aceta.

Acetum Opii, ℥ss-j.
“ Scillæ, ℥j-v.

Acida.

Acidum Aceticum Dil., ℥v-xv.
“ Carbolicum, gr. $\frac{1}{8}$.
“ Gallicum, gr. ss-ij.
“ Hydrocyanicum Dil., ℥ $\frac{1}{8}$ - $\frac{1}{4}$.
“ Muriaticum Dil., ℥j-v.
“ Nitricum Dil., ℥j-ijj.
“ Nitromuriaticum Dil., ℥j-v.¹
“ Phosphoricum Dil., ℥j-v.
“ Salicylicum, gr. j.
“ Sulphuricum Dil., ℥j-v.
“ “ Aromaticum, ℥j-v.
“ Tannicum, gr. ss-ij.

Ætherea.

Æther, ℥ij-x.
Chloroformum, ℥j-v.

Ammonia.

Ammonii Bromidum, gr. j-v.
“ Carbonas, gr. ss-j.
“ Chloridum, gr. j-v.

Acid. Nitric. Dil. 1 pt.; Acid. Muriatic. Dil. 2 pt. M.

Antimonium.

Antimonii et Potassii Tartras, gr $\frac{1}{48}$ - $\frac{1}{4}$.

Aquæ.

Aqua Ammoniaë. (External.)

“ Camphoræ, fʒj.

“ Cinnamomi, fʒj-ij.

“ Menthæ Piperitæ, fʒj-ij.

“ Rosæ. (External.)

Argentum.

Argentii Nitras, gr. $\frac{1}{64}$ - $\frac{1}{32}$.

“ Nitras Fusa. (External.)

Bismuthum.

Bismuthi Subcarbonas, gr. j-v.

“ Subnitras, gr. j-v.

Calcium.

Calcii Lactiphosphatum, gr. j-ij.

Creta Præparata, gr. ij-x.

Testa Præparata, gr. ij-x.

Cerata. (External.)

Ceratum Canthar.

“ Cetacei.

“ Ext. Canth.

“ Plumbi Sub.

“ Resinæ.

Ceratum Resinæ Com

“ Sabinæ.

“ Saponis.

“ Zinci Carbon.

Chartæ. (External.)

Charta Cantharidis.

“ Sinapis.

Collodium. (External.)

Collodium cum Cantharidê.

Collodium Flexile.

Confectiones.

Confectio Sennæ, gr. x-xx.

Decocta.

Decoctum Dulcamaræ, f3j-ij.
 “ Hæmatoxyli, f3j-ij.
 “ Hordei, f3j-iv.
 “ Quercus Albæ. (External.)
 “ Uvæ Ursi, f3j-ij.

Emplastra. (External.)

Emplastrum Assafoetidæ.
 “ Belladonnæ.
 “ Hydrargyri.
 “ Opii.
 “ Picis Burgundicæ.
 “ “ cum Cantharidè.
 “ “ Resinæ.
 “ “ Saponis.

Extracta.

Extractum Belladonnæ, gr. $\frac{1}{32}$ - $\frac{1}{16}$.
 “ Cinchonæ, gr. j-iv.
 “ Colocyntidis C. gr. $\frac{1}{4}$ -j.
 “ Gentianæ, gr. $\frac{1}{2}$ -j.
 “ Glycyrrhizæ, gr. j-v.
 “ Hæmatoxyli, gr. j-iv.
 “ Hyoseyami, gr. $\frac{1}{16}$ - $\frac{1}{4}$.
 “ Krameriæ, gr. $\frac{1}{2}$ -ij.
 “ Nucis Vomicae, gr. $\frac{1}{48}$ - $\frac{1}{24}$.
 “ Taraxaci, gr. ij-x.

Extracta Fluida.

Extractum Buchu Fluid., ℥ij-v.
 “ Cimicifugæ Fluid., ℥iv-viiij.
 “ Ergotæ Fluid., ℥j-ij.

- Extractum Jaborandi Fluid., mx .
 “ Pruni Virg. Fluid., mx .
 “ Rhei Fluid., $\text{m}\text{j-v}$.
 “ Sennæ Fluid., $\text{m}\text{x-xxx}$.
 “ Spigeliæ et Sen. Fluid., $\text{f}\text{3j}$.
 “ Uvæ Ursi Fluid., $\text{m}\text{ij-v}$.
 “ Valerianæ Fluid., $\text{m}\text{ij-x}$.

Ferrum.

- Ferri Citras, gr. ss-ij.
 “ et Ammonii Citras, gr. ss-ij.
 “ et Potassii Tartras, gr. ss-ij.
 “ et Quiniæ Citras, gr. ss-ij.
 “ Lactas, gr. ss-ij.
 “ Pyrophosphas, gr. $\frac{1}{4}$ -j.
 “ Subcarbonas, gr. j-ij.
 “ Sulphas Exsiccata, gr. $\frac{1}{4}$ -j.
 Ferrum Redactum, gr. ss-ij.

Glycerita. (External.)

- Glyceritum Acid^æ Carbolici.
 “ “ Gallici.
 “ “ Tannici.
 “ Picis Liquidæ.
 “ Sodii Boratis.

Hydrargyrum

- Hydrargyri Chloridum Corros., gr. $\frac{1}{100}-\frac{1}{32}$.
 “ “ Mite, gr. $\frac{1}{24}$ -iss.
 Hydrargyrum cum Cretâ, gr. ss-iss.

Infusa.

- Infusum Buchu, $\text{f}\text{3j-ij}$.
 “ Calumbæ, $\text{f}\text{3j-ij}$.
 “ Digitalis, $\text{m}\text{x-f}\text{3ss}$.

Infusum Gentianæ Comp., f3ss-j.

“ Jaborandi, f3j-ij.

“ Juniperi, f3j-ij.

“ Lini Comp., f3ss-ij.

“ Sennæ, f3ss-j.

“ Spigeliæ, f3j-ij.

Linimenta. (External.)

Linimentum Aconiti.

“ Ammonia.

“ Calcis.

“ Camphoræ.

“ Cantharidis.

“ Chloroformi.

“ Plumbi Subacetatis.

“ Saponis.

“ Terebinthinæ.

Liquores.

Liquor Ammonii Acetatis, f3ss-j.

“ Arsenici Chloridi, m j-ijj.

“ Arsenici et Hydrarg. Iodidi, mss-j.

“ Calcis, f3j-f3ijj.

“ Ferri Nitratis, m j-ijj.

“ “ Subsulphatis, mss-j.

“ Magnesii Citratis, f3ij-f3ss.

“ Morphiæ Sulphatis, m j-x.

“ Potassii Arsenitis, m j-ijj.

“ “ Citratis, f3ss-j.

Magnesium.

Magnesia, gr. v-ðij.

Magnesii Carbonas, gr. v-ðij.

Manna, gr. xx-3j.

Mellita. (External.)

Mel Despumatum.

“ Rosæ.

“ Sodii Boratis.

Misturæ.

Mistura Ammoniaci, f℥ss-ij.

“ Amygdalæ, f℥j-f℥j.

“ Assafoetidæ, f℥j-ij.

“ Chloroformi, f℥j-ij.

“ Cretæ, f℥ss-j.

“ Ferri Comp., f℥j-ij.

“ Glycyrrhizæ Comp., ℥xv-f℥ss.

“ Potassii Citratis, f℥ss-j.

Morphia.Morphiæ Acetas, gr. $\frac{1}{48}-\frac{1}{30}$.“ Murias, gr. $\frac{1}{48}-\frac{1}{30}$.“ Sulphas, gr. $\frac{1}{48}-\frac{1}{30}$.**Mucilagines.**

Mucilago Acaciæ, ad lib.

“ Sassafras Medullæ, ad lib.

“ Tragacanthæ, ad lib.

“ Ulmi, ad lib.

Olea.

Oleum Chenopodii, ℥ij-iv.

“ Menthæ Piperitæ, ℥ss-j.

“ Morrhuæ, ℥xv-f℥j.

“ Olivæ, f℥j-ij.

“ Ricini, f℥ss-ij.

“ Terebinthinæ, ℥ij-v.

Oleoresinæ.

Oleoresina Filicis, $\mathfrak{m}\text{v}-\text{xx}$.Opium, gr. $\frac{1}{10}-\frac{1}{8}$.Pepo, $3j-ij$.Phosphorus, gr. $\frac{1}{160}-\frac{1}{100}$.

Plumbum.

Plumbi Acetas, gr. $\frac{1}{8}-\frac{1}{6}$.

Potassium.

Potassii Acetas, gr. $ij-v$." Bicarbonas, gr. $ij-v$." Bitartras, gr. $x-xv$." Bromidum, gr. $ij-v$." Chloras, gr. $ij-v$." Citras, gr. $ij-v$." et Sodii Tartras, gr. $xv-3j$." Iodidum, gr. $ss-ijj$." Nitras, gr. $iss-vijj$.

Pulveres.

Pulvis Aromaticus, gr. $j-ij$." Ipecacuanhæ Comp., gr. $\frac{1}{4}-iss$.

Quinia.

Quiniæ Sulphas, gr. $ss-iv$." Valerianas, gr. $\frac{1}{4}-ss$.

Resinæ.

Resina Jalapæ, gr. $\frac{1}{4}-ss$." Podophylli, gr. $\frac{1}{64}-\frac{1}{48}$." Scammonii, gr. $\frac{1}{4}-iss$.Rheum, gr. $ss-ij$.

Rottlera (Kameela), gr. v-xv.

Santoninum, gr. $\frac{1}{4}$ -ss.

Scammonium, gr. j-ij.

Senna, gr. iij-v.

Sinapis (Emetic), gr. viij-xx.

Sodium.

Sodii Acetas, gr. ij-v.

“ Arsenias, gr. $\frac{1}{160}$ - $\frac{1}{64}$.

“ Bicarbonas, gr. ij-v.

Spiritus.

Spiritus Ætheris Comp., ℥ij-x.

“ “ Nitrosi, ℥v-xx.

“ Ammoniaë Aromat., ℥ij-v.

“ Camphoræ, ℥ss-iv.

“ Chloroformi, ℥j-v.

“ Cinnamomi, ℥j-ij.

“ Frumenti, ℥v-f3j.

“ Juniperi Comp., ℥v-xv.

“ Lavandulæ Comp., ℥v-xx.

“ Menthæ Piperitæ, ℥ss-ij.

“ Vini Gallici, ℥v-f3j.

Strychnia.

Strychniaë Sulphas, gr. $\frac{1}{150}$ - $\frac{1}{100}$.

Sulphur.

Sulphur Præcipitatum, gr. v-xv.

Syrupi.

Syrupus Acaciæ, ad lib.

“ Ferri Iodidi, ℥ij-v.

Syrupus Ipecacuanhæ, mij-f3j .

“ Krameriæ, mxx-f5j .

“ Lactucarii, mxx-f3j .

“ Limonis, ad lib.

“ Pruni Virginianæ, mxv-f3ss .

“ Rhei, f3ss-j .

“ “ Aromat., f3ss-j .

“ Sarsaparillæ Comp., mxv-f3ss .

“ Scillæ, mij-vj .

“ “ Comp., mij-vj .

“ Tolutani, mij-vj .

“ Zingiberis, mv-x .

Tincturæ.

Tinctura Belladonnæ, mj-ij .

“ Calumbæ, mij-xv .

“ Cannabis, mj-ij .

“ Cardamomi Comp., mv-xv .

“ Catechu, mv-xv .

“ Cinchonæ Comp., mx-xv .

“ Cinnamomi, mij-xv .

“ Colchici, mj-ij .

“ Digitalis, mss-ij .

“ Ferri Chloridi, mj-v .

“ Gentianæ Comp., mv-xv .

“ Guaiaci Ammon., mv-xv .

“ Hyoscyami, mj-iv .

“ Iodinii Comp., mj-iv .

“ Kino, mij-xx .

“ Krameriæ, mij-xx .

“ Nucis Vomicæ, mss-ij .

“ Opii, mj-ij .

“ “ Camphorata, mv-xx .

“ “ Deodorata, mj-ij .

Tinctura Scillæ, ℥ j-v.

“ Valerianæ Ammoniata, ℥ v-xv.

“ Zingiberis, ℥ ij-vij.

Unguenta. (External)

Unguentum Acidi Carbolici.

“ “ Tannici.

“ Aquæ Rosæ.

“ Belladonnæ.

“ Benzoini.

“ Cantharidis.

“ Creasoti.

“ Gallæ.

“ Hydrargyri.

“ “ Ammoniati.

“ “ Iodidi Rubri.

“ “ Nitratis.

“ “ Oxidi Flavi.

“ “ “ Rubri.

“ “ Iodinii.

“ “ Compositum.

“ Mezerei.

“ Picis Liquidæ.

“ Plumbi Carbonatis.

“ “ Iodidi.

“ Potassii Iodidi.

“ Stramonii.

“ Sulphuris.

“ “ Iodidi.

“ Veratriæ.

“ Zinci Oxidi.

Vina.

Vinum Ergotæ, ℥ v-x.

“ Ipecacuanhæ, gtt. ij-viiij.

Vinum Opii, ℥ss-j.

“ Rhei, ℥v-f℥ss.

“ Xericum, ℥x-f℥j.

“ Portense, ℥v-f℥j.

Zincum.

Zinci Oxidum, gr. $\frac{1}{8}$ -ss.

“ Sulphas, gr. $\frac{1}{8}$ -v.

“ Valerianas, gr. $\frac{1}{8}$ -ss.

Zingiber.

Pulv. Zingiberis, gr. $\frac{1}{6}$ -ij.

NON-OFFICINAL REMEDIES.

Acidum Salicylicum, gr. ss-iss.

Pepsina Saccharata, gr. j-v.

Pulv. Glycyrrhizæ Comp., gr. iv-vij.

Sodii Bromidi, gr. j-v.

Sodii Salicylici, gr. ss-iss.

SCALE OF WEIGHTS & MEASURES.

APOTHECARIES' WEIGHT.

The pound (<i>libra</i>)	℔	contains 12 ounces.
ounce (<i>uncia</i>)	℥	“ 8 drachms.
drachm (<i>drachma</i>)	ʒ	“ 3 scruples.
scruple (<i>scrupulum</i>)	ʒ	“ 20 grains.
grain (<i>granum</i>)	gr.	

WINE MEASURE.

The gallon (<i>congius</i>)	C	contains 8 pints.
pint (<i>octarius</i>)	O	“ 16 fluid ounces.
fluid ounce (<i>uncia fluida</i>)	f℥	“ 8 fluid drachms.
fluid drachm (<i>drachma fluida</i>)	fʒ	contains 60 min-
imum (<i>minimum</i>)	℥	[ims.

TABLE OF MUTUAL EQUIVALENTS OF WEIGHTS
AND MEASURES.

lb	℥	℥	℥	gr.
1 =	12 =	96 =	288 =	5760
	1 =	8 =	24 =	480
		1 =	3 =	60
			1 =	20

C	O	℥	℥	℥
1 =	8 =	128 =	1024 =	61,440
	1 =	16 =	128 =	7,680
		1 =	8 =	480
			1 =	60

POISONS AND THEIR ANTIDOTES.

Acids, Mineral.—Alkalies in dilute solution; lime; whitewash; magnesia; soap.

Quickness of administration essential.
Avoid emetics and stomach-pump.

Acids, Vegetable.—Soap; soda or potassa in dilute solution; except for *oxalic acid*, for which give lime, whitewash, or chalk.

Aconite.—Emetics; stomach-pump; tannic acid; digitalis; laudanum; warmth; stimulation; recumbent position.

Alkalies, and their salts.—Vinegar; weak acids; oil freely; opium.

Alum.—Albumen.

Antimony, and its salts.—Tannic acid; opium; external warmth.

Arsenic, and its salts.—Emetics; stomach-pump; recently made hydrated sesquioxide of iron; magnesia; dialysed iron; oil or fat.

Atropia.—See *Belladonna*.

Belladonna.—Emetics; stomach-pump; tannic acid; morphia hypodermically.

Bismuth, and its compounds.—Albumen; milk.

Bromine.—Soap; oils.

Cannabis Indica.—Emetics; lemon juice; quiet; if exhaustion, stimulants.

Carbolic Acid.—Stomach-pump; solution of saccharate of lime; hot and cold douche.

Chloral and Chloroform.—Alternate hot and cold douche; artificial respiration; cardiac stimulants.

Cocculus Indicus.—Emetics; stomach-pump; at first, give opium; chloral; chloroform; later, stimulants. No chemical antidote.

Colchicum.—Emetics; stomach-pump; tannic acid; opium; stimulants.

Conium.—Emetics; stomach-pump; artificial respiration; tannic acid; opium.

Copper, and its salts.—Albumen; milk; calcined magnesia; yellow prussiate of potash.

Croton Oil, and other drastic purgatives.—Emetics; albuminous drinks; bismuth; external heat.

Cyanide of Potassium.—See *Hydrocyanic Acid*.

Digitalis.—Emetics; stomach-pump; tannic acid; stimulants.

Gelsemium.—Same as *Aconite*.

Hydrocyanic Acid.—Alternate hot and cold douche; intravenous injection of aqua ammoniæ; atropia hypodermically.

Hyoscyamus.—Same as *Belladonna*.

Iodine.—Starch, freely; if this cannot be obtained, then soap.

Iron, Salts of.—Soap; dilute alkalies; albumen.

Lead, Salts of.—Emetics; stomach-pump; alkaline sulphates; soap; albumen; milk; purge.

Mercury, Salts of.—Emetics; albumen; milk.

Opium.—Stomach-pump; atropia hypodermically; coffee; flagellation; artificial respiration; electricity.

Phosphorus.—Emetics; sulphate of copper in small doses,; crude oil of turpentine; stomach-pump; avoid oils or fats.

Potash Salts.—No distinct antidote.

Santonin.—Emetics; purges; stimulants; artificial respiration.

Silver, Salts of.—Common salt, freely; albumen.

Soda Salts.—No distinct antidote.

Stramonium.—Same as Belladonna.

Strychnia.—Emetics; stomach-pump (*at first only*); tannic acid; chloral; bromide of potash; æther; chloroform; rest.

Veratrum Viride.—Same as Aconite.

Zinc, Salts of.—Albumen; carbonate of soda; milk, freely.

INFANT DIET.

Diet from Birth to Age of Six Months.

(Five to six meals in 24 hours.)

MILK, CREAM, LIME-WATER, ARROWROOT WATER.

Take four tablespoonfuls of each, place in bottle with a lump of sugar, warm the whole by standing bottle in warm water.

Arrowroot Water is made by taking *one and a half teaspoonfuls* of arrowroot, rubbing it down until smooth, with a tablespoonful of cold water, and then adding *one pint* of boiling water, stirring all the time.

Diet from Six to Twelve Months Old.

(Five meals in the day.)

FIRST MEAL, 7 A. M.

Mellin's food, one tablespoonful, or Flour Ball grated, one to two teaspoonfuls.

Hot water, four tablespoonfuls.

Warm milk, enough to make half a pint.

Dissolve the Mellin's food or rub down the grated Flour Ball in the hot water by stirring, then add the milk, and mix thoroughly.

SECOND MEAL, 10.30 A. M. THIRD MEAL, 2 P. M.

A breakfast cupful of milk with four tablespoonfuls of lime-water.

FOURTH MEAL, 5.30 P. M. Same as first.

FIFTH MEAL, 10.30 P. M. Same as second.

Diet for a Child One Year Old.

(Five meals in the day.)

FIRST MEAL, 7 A. M.

Two teaspoonfuls of grated Flour Ball in half a pint of milk.

SECOND MEAL, 10.30 A. M.

Half a pint of milk with four tablespoonfuls of lime-water.

THIRD MEAL, 2 P. M.

The yolk of one egg beaten up in a teacupful of milk.

FOURTH MEAL, 5.30 P. M. Same as the first.

FIFTH MEAL. Same as the second.

FOR DRINK—Filtered water.

Diet for a Child Two Years Old.

BREAKFAST, 7.30 A. M.

Milk.

The lightly boiled yolk of an egg.

Thin bread and butter (bread one day old).

LUNCH, 11 A. M.

Milk.

A thin slice of bread and butter.

DINNER, 1.30 P. M.

Beef-tea, or small piece of minced roast beef or mutton. One well-mashed potato, moistened with gravy.

Rice and milk.

SUPPER, 6 P. M.

Milk.

Bread and butter.

FOR DRINK—Filtered water.

Diet in Mucous Disease for a Child of Seven Years.

BREAKFAST, 7.30 A. M.

Milk, with lime-water; four tablespoonfuls of lime-water to each tumblerful of milk.

The lightly-boiled yolk of an egg, a thin slice of well-toasted bread, or stale bread.

DINNER, 12 M.

A mutton chop without fat, broiled, or a slice of roast beef or mutton, occasionally a bowl of meat broth. Stale bread or toast.

SUPPER, 7 P. M.

Milk and lime-water.

Stale bread or toast.

FOR DRINK—Filtered water.

Starch food to be avoided as much as possible.

BARLEY WATER.

To prepare barley water, put two good teaspoonfuls of washed pearl barley with a pint of cold water in a saucepan, and boil slowly down to two-thirds. Strain.

BEEF-TEA.

Take one pound of lean beef, and mince it. Put it, with its juice, into an *earthen* vessel containing a pint of *tepid water*, and let the whole stand for one hour; strain well, squeezing all the juice from the meat. Place on the fire, and slowly raise *just to the boiling point*, stirring it *briskly* all the time. Season with salt and pepper to taste.

In administering this, always be careful to stir up the sediment.

FLOUR BALL.

Take one pound of good flour—unbolted, if possible—tie it up *very tightly* in a pudding-bag; put it in a pot of boiling water early in the morning, and let it boil till bedtime, then take it out and let it dry. In the morning peel off from the surface, and throw away, the thin rind of dough, and with a grater, grate down the hard dry mass into a powder. To use this, take from one to two teaspoonfuls of the powder, rub it down till smooth with a tablespoonful of cold milk, and add a tumblerful of hot milk, stirring it well all the time.

LIME-WATER.

Take a piece of unslaked lime, as large as a walnut, put it into two quarts of clear water, stir about thoroughly, allow to settle, and use only from the top.

WINE WHEY.

Boil a pint of fresh milk; while boiling, pour in a small tumblerful of sherry wine (eight tablespoonfuls), bring it to the boil a second time, being careful not to stir it; as soon as it boils set it aside until the curd settles, and pour off the clear whey.



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